



## Personal Coaching (Individual Innovations):

It's all about you, where you are and where you want to go!  
It's about helping you uncover what's in your way, so you can get moving towards the thing that inspires you most: maybe you're writing a book, running a marathon, getting back into the gym, changing careers or making an important decision.

You're a leader at home, at school, at play and at work.  
And you just need **"A Place To Think"**!

- How can I manage my time better to achieve all I want in life?
- What should I do next in my career within my organization?
- How can I reduce the stress in my job or my life?
- How can I achieve a better balance between work life and home life?
- What skills do I need to grow and develop further?
- How can I improve my relationship with a specific colleague?

What's your superpower? Let's find it together. Email me [here](#) to schedule get set up for your 1st session!  
#APlace2Think